



Breakfast

Starts - 8am

Bacon & Egg Roll	\$4.50
Hash Brown	\$1.50
Muffins	\$2.50
Yoghurt with Fruit	\$3.50
Freshly Squeezed Juices - Weekly	\$6.00

Daily Specials

See Menu Board for Options

Curried Chicken & Rice	All
Fried Rice with Chicken	\$7.00
Hokkien Noodle Stir Fry	
Honey Soy Chicken & Rice	
Spaghetti Bolognese	
Sushi	
Teriyaki Chicken & Rice	
(Lean Meats & Chicken Breast used in all dishes)	

Burgers (Oven Baked not Fried)

Gourmet Beef	\$6.50
(Angus Beef, Cheese, Lettuce, Tomato & Special Sauce)	
Mexican Beef	\$7.00
(Angus Beef, Avocado, Cheese, Jalapenos, Lettuce & Salsa)	
Flame Grilled Chicken	\$5.50
(Lettuce & Mayo)	
Spicy Chicken	\$6.50
(Cheese, Lettuce & Mayo)	
Veggie (100% Plant Based Patty)	\$7.00
(Carrot, Lettuce, Tomato & Vegan Mayo)	

Gluten Free

Chicken Breast Schnitzel Burger	\$7.00
(Lettuce - Mayo Optional)	
Chicken Burger (Freshly Grilled Breast)	\$6.00
(Lettuce - Mayo Optional)	
GF Pasta with	\$6.50
(Bolognese or Napolitana Sauce)	
Pizza's - Friday's Only	\$5.50
(Fresh, Homemade - GF Versions)	
Various Salads From	\$6.00
(Please Enquire)	
Salad & Cheese - Whole	\$7.00
Salad Wrap - Whole	\$6.50
Additional Fillings - Each Extra	\$1.50
Avocado, Chicken, Ham, Tuna	

**Orders to be made & paid for
by the end of recess**

Order at the Canteen Only

**EFTPOS AVAILABLE - \$5 MIN
NO CASH OUT**

Hot Food

Garlo's Gourmet Pies	\$5.00
(Assorted)	
Meat Pies	\$4.00
(Four'n Twenty) Lite	
Sausage Roll	\$4.00
(Timbertown) 120 grams	
Tomato Sauce	\$0.50
Pizza's - Friday's Only	\$5.50
(Fresh, Homemade)	

Sandwiches (By Order Only)

No Butter or Margarine Used

Smooth Wholegrain	
Roll - Extra	\$1.00
Cheese	\$2.50
Chicken (Freshly Poached)	\$5.00
(Mayo Optional)	
Chicken, Lettuce & Mayo	\$5.50
Egg (Mayo Optional)	\$5.00
Egg & Lettuce	\$5.50
Ham	\$4.50
Ham & Cheese	\$5.00
Ham, Cheese & Tomato	\$5.50
Salad	\$5.00
(Carrot, Cucumber, Lettuce & Tomato)	
Salad with Beetroot	\$5.50
Salad & Cheese	\$5.50
Salad & Chicken	\$6.00
Salad & Ham	\$6.00
Salad & Tuna	\$6.00
Tuna	\$5.00
Tuna & Cucumber	\$5.50
Vegemite	\$2.00
Vegemite & Cheese	\$3.00
Additional - Avocado	\$1.50
Toasted - Extra	\$0.50

Wraps

Chicken Caesar - ½	\$6.00
Chicken, Cheese & Lettuce - ½	\$6.00
Chicken & Lettuce - ½	\$5.00
(Mayo Optional)	
Chicken & Salad - ½	\$5.50
Sweet Chilli Chicken - Whole	\$6.50
(Lettuce, Mayo, Sweet Chilli Sauce)	
Salad - ½	\$4.50
(Carrot, Cucumber, Lettuce & Tomato)	
Salad & Cheese - ½	\$5.00
Salad & Ham - ½	\$5.50
Falafel & Salad - ½ (Vegan)	\$5.50
Additional Fillings - Each Extra	\$1.50
Avocado, Chicken, Ham, Tuna	
Toasted - Extra	\$0.50

Salads

Caesar	\$6.50
Garden	\$6.00
Greek	\$6.50
(Seasonal - May Affect Price)	
Fruit Salad	\$6.50
(Seasonal - May Affect Price)	
Additional Fillings - Each Extra	\$1.50
Avocado, Chicken, Ham, Tuna	
Specialty Salads Available	
See Menu Board	
or ask our friendly Staff	

Snacks

Chips - Red Rock Deli - 28 grams	\$1.50
Fantastic Delites Rice Crackers	\$1.00
Fresh Fruit (Seasonal) From	\$1.00
Fruit of the Forest Jolls	\$2.00
(Sugar Free)	
Mints - Eclipse (Sugar Free)	\$2.50
Eucalyptus Drops	\$2.00
Drinks	
Flavoured Milk - Oak 300ml	\$3.00
Flavoured Milk - Oak 500ml	\$4.00
Icebreak Milk - 500ml	\$4.00
Chilled Ice Tea	\$4.00
(All natural & Sugar Free)	
Water - 500ml	\$2.50
Water - Sparkling	\$3.00